

Crocker Riverside Elementary School PTO Shortened Day Program: 5-6th Grades

Program offered to the upper grades as an 'extension' to the school day on the shortened day schedule in March. The PTO is sponsoring cooking with Jr. Chef.



Jr Chef Central Shortened Day Program

Jr. Chef Central will provide a series of 5 hands-on cooking classes. Each 1 hour and 15 minute assembly is designed to build the knowledge, confidence and skills of participants, and facilitated by a cooking instructor. Each session will focus on increasing consumption of fresh fruits and vegetables, recipe preparation and proper use of relevant culinary tools and equipment. During each session, one healthy dish will be prepared with an emphasis on the use of fresh seasonal produce. ALL new recipes for the assemblies this year are: Ginger Citrus Chicken Salad, Cowboy Veggie Slider, Southwest Ranch Salad, Huevos Rancheros and TBD.

Date and Times: Monday, March 18- Friday March 22, 2019 from 1:45pm – 3:15pm. Children can eat lunch prior to attending class (5 DAYS)

- Location: Crocker/Riverside Cafeteria
- Students are required to have their hair pulled back and wear sneakers or other rubber soled, closed-toed shoes.
- Parent volunteers will be needed to sign in/out students and assist with set-up, breakdown and clean up.
- **Volunteer:** We will need help. If you can volunteer for any session throughout the week (1:30 p.m. -3:30 p.m.) Volunteers have just as much fun as the students! You do not need to be fingerprinted for this opportunity. Please indicate here if you can help:
- Parent name: _____ Parent contact number: _____

Mon _____ Tue _____ Wed _____ Thu _____ Fri _____

COST

The cost for participation in the Jr Chef program is \$85 to the Crocker/Riverside PTO. Please pay by check, made out to Crocker Riverside PTO. Max capacity is 30 students.

Student Name: _____

Parent-Emergency Contact & Phone: _____

Liability Statement: I, the parent of the student listed, intending to be legally bound, do hereby for myself and heirs, executors, administrators and assigns, forever waive, release and discharge any and all rights, claims and actions for damages that I may have, or that may hereafter accrue to me against the Crocker Riverside PTO, including all unit, council and district PTOs and all of their officers, directors, members and volunteers. I attest and verify that my child is physically fit and able to participate in this event and acknowledge that I am aware of the inherent risks in participating in an event of this type

Parent Signature: _____

My child will: Walk Home _____ Go to 4th R _____ Be Picked Up _____

Please pay by check, and attach proof of payment to form. Turn in forms to PTO Box in office.